Sunflower Terrace Lunch Menu June 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
1 Baked Ham Mac n Cheese Carrots/roll Honey Bun cake	2 Swedish Meatballs Dilled Potatoes Broccoli Cookie	3 Marinated Chicken w/mushroom gravy Mashed potatoes/ roasted cauliflower/ roll	4 Swiss Steak Mashed Potatoes Peas Apricots	5 Beef n Noodles over Mashed potatoes Green beans Fruit cobbler	6 Lasagna Mixed Veggies Garlic Bread Cheesecake	7 Corn Dog Baked Beans Green Bean Casserole Black Forest Cake		
8 Chicken Cordon Bleu Mashed Potatoes/ gravy Steamed Broccoli Pie	9 Chicken Fried Steak Mashed Potatoes/ gravy Grean Beans Peaches	10 Bierock Casserole Sauteed Spinach Strawberry Short- cake	Meatloaf Roasted Potato Mixed veggies Sugar Cookie	12 Italian Pork Chops Scalloped Potatoes Green Beans Cake	13 Salmon Patties Pub chips Broccoli/ Cauliflower salad Cherry Pie Bars	14 Chicken Fajitas Lettuce/Tomato Sour cream/salsa Refried Beans Fruit cobbler		
15 Roasted Turkey w/ dressing Broccoli Lemon meringue	16 Sweet/Sour Chicken Rice Oriental Veggies Roll Mandarin Oranges	17 Abraham Pie Green Beans Roll Brownie	18 Meatloaf Grilled Potato Carrots/roll Pecan Pie	19 Ham Steak w/ pineapple Roasted sweet pota- toes Mixed Veggies	Grilled Pork Chops Au Gratin Potatoes Fried Cabbage Roll Tapioca Pudding	Beef Burrito With lettuce/tomato Rice Refried Beans Fresh Fruit		
Roast Pork Loin Scalloped Potatoes Candied Carrots Corn Muffin French silk pie	23 Stuffed Peppers Mixed Veggies Texas Toast Pears	24 Rosemary Chicken Green Beans Roasted Potato/Roll Cake	25 Chicken Fried Steak Mashed Potato/ Gravy Green Beans Sherbet	26 Chicken Pot Pie Salad Fruit Lemon Bars	27 Fried Catfish Cole Slaw Hush puppies Apple Crisp	28 BBQ Brisket Roasted Cauliflower Potato Wedge Jell-o Cake		
Pot Roast w/mashed Potatoes and gravy Green beans/hot roll Sheet cake	30 Chicken/rice casse- role Brussel Sprouts Breadstick Ice cream bar	7/1 Stuffed chicken breast Rice Pilaf Roasted vegetable Cherry pie	7/2 Tater Tot Casserole Mixed Veggies Roll Cherry fluff	7/3 Chicken/vegetables On a biscuit Glazed carrots Assorted bars	7/4 Tilapia w/ mango salsa Roasted potato Corn Fruit crisp	7/5 Spaghetti w/ meatballs Breadstick Squash Pudding		

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Sun	Mon	Tue	Wed	Thu	Fri	Sat		
1 Potato Soup Texas Toast Salad Peaches & Cream	2 Hamburger/ Cheeseburger Lettuce/Tomato Onion rings/French fries	3 Lobster Bisque- Italian Sliders Fried Green Beans Ice Cream	4 Chicken Quesadilla w/lettuce & tomato Pinto Beans Fried Tortillas w/ cinnamon and sugar	5 Fried Chicken Potato Salad Glazed Carrots Ice Cream Bar	6 Fish Sandwich on Bun Coleslaw French fries Cookie	7 Hot Beef & cheddar Carrot/Celery sticks French fries Cookie		
8 Ham and Bean Soup Corn bread Peaches Ice Cream	9 Grilled Club Sand- wich Chips Corn	Apple Pecan Salad Garlic Bread Cottage Cheese Fruit Pie	11 Split Pea/Sausage Soup Roll Fruit	12 Biscuits w/ homemade Gravy Hashbrown Fresh Fruit	13 BBQ Chicken Sand- wich Carrot Sticks Fries	14 Pizza Slice Salad Ice cream sandwich		
15 Pancake Sausage patty Hash browns Fruit	16 Chicken Fried Steak Mashed potatoes w/ Gravy Asparagus Carrot cake	Cuban Sandwich Cottage Cheese Cauliflower au gratin Apple Brown Betty	18 Grilled chicken Chopped salad Garlic Bread Pickled Beets Pudding	19 Chili Cornbread Peas n Carrots Pumpkin Pie	20 Crab Cakes Creamed potatoes And peas Jello w/fruit	21 Chicken Corn Chowder Grilled Cheese Broccoli/ cauliflower salad Cookie		
22 Sloppy Joes Roasted Zucchini Mac n Cheese Fresh fruit	23 Chicken Taco Salad Sour cream/salsa Pinto Beans Lemon Pie	24 Tuna Salad Sandwich Pickle Spear Roasted Veggies Peach slices	25 Grilled Cheese Tomato Soup Carrot/Celery Sticks Melon Slice Brownie	26 Beef Stew Biscuit Biscuit w/ butter & jelly Jello Salad Fruit	27 Slow Cooker Chicken Sliders Pasta Salad Tomato Salad Cookie	28 Chipped Beef on Toast Roasted Sweet Potato Mixed Veggies Fruit		
29 Hamburger/ Cheeseburger Fries/Onion rings Lettuce/tomato slices Peach slices	30 Vegetable Beef Soup Texas Toast Celery Sticks Apricots	7/1 Pulled Pork Sand- wich Sweet Potato Fries Cottage Cheese Baked Apples	7/2 Italian Chicken Sandwich Tater Tots Jello w/fruit Ice Cream	7/3 Cheeseburger Soup Breadstick Jello Salad Cookie	7/4 Ham/Pimento Sandwich Potato Casserole Italian Blend Veggies Sherbet	7/5 Stuffed Cabbage Roll Rice Biscuit w/jelly Pears		