Sunflower Terrace Lunch Menu August 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
7/27 Roast Pork Loin Scalloped Potatoes Candied Carrots Corn Muffin French silk pie	7/28 Stuffed Peppers Mixed Veggies Texas Toast Pears	7/29 Rosemary Chicken Green Beans Roasted Potato/Roll Cake	7/30 Chicken Fried Steak Mashed Potato/Gravy Green Beans Sherbet	7/31 Chicken Pot Pie Salad Fruit Lemon Bars	1 Fried Catfish Cole Slaw Hush puppies Apple Crisp	2 BBQ Brisket Roasted Cauliflower Potato Wedge Jell-o Cake
3 Pot Roast w/mashed Potatoes and gravy Green beans/hot roll Sheet cake	4 Chicken/rice casserole Brussel Sprouts Breadstick Ice cream bar	5 Stuffed chicken breast Rice Pilaf Roasted vegetable Cherry pie	6 Tater Tot Casserole Mixed Veggies Roll Cherry fluff	7 Chicken/vegetables On a biscuit Glazed carrots Assorted bars	8 Tilapia w/ mango salsa Roasted potato Corn Fruit crisp	9 Spaghetti w/meatballs Breadstick Squash Pudding
10 Baked Ham Mac n Cheese Carrots/roll Honey Bun cake	11 Swedish Meatballs Dilled Potatoes Broccoli Cookie	12 Marinated Chicken w/mushroom gravy Mashed potatoes/ roasted cauliflower/roll Fruit	13 Swiss Steak Mashed Potatoes Peas Apricots	14 Beef n Noodles over Mashed potatoes Green beans Fruit cobbler	15 Lasagna Mixed Veggies Garlic Bread Cheesecake	16 Corn Dog Baked Beans Green Bean Casserole Black Forest Cake
17 Chicken Cordon Bleu Mashed Potatoes/ gravy Steamed Broccoli Pie	18 Chicken Fried Steak Mashed Potatoes/ gravy Grean Beans Peaches	19 Bierock Casserole Sauteed Spinach Strawberry Shortcake	20 Meatloaf Roasted Potato Mixed veggies Sugar Cookie	21 Italian Pork Chops Scalloped Potatoes Green Beans Cake	22 Salmon Patties Pub chips Broccoli/ Cauliflower salad Cherry Pie Bars	23 Chicken Fajitas Lettuce/Tomato Sour cream/salsa Refried Beans Fruit cobbler
24 Roasted Turkey w/ dressing Broccoli Lemon meringue	25 Sweet/Sour Chicken Rice Oriental Veggies Roll Mandarin Oranges	26 Abraham Pie Green Beans Roll Brownie	27 Meatloaf Grilled Potato Carrots/roll Pecan Pie	28 Ham Steak w/ pineapple Roasted sweet potatoes Mixed Veggies/Roll Applesauce	29 Grilled Pork Chops Au Gratin Potatoes Fried Cabbage Roll Tapioca Pudding	30 Beef Burrito With lettuce/tomato Rice Refried Beans Fresh Fruit
31 Roast Pork Loin Scalloped Potatoes >	>Candied Carrots Corn Muffin French silk pie					

Sunflower Terrace Supper Menu August 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat				
7/27 Sloppy Joes Roasted Zucchini Mac n Cheese Fresh fruit	7/28 Chicken Taco Salad Sour cream/salsa Pinto Beans Lemon Pie	7/29 Tuna Salad Sandwich Pickle Spear Roasted Veggies Peach slices	7/30 Grilled Cheese Tomato Soup Carrot/Celery Sticks Melon Slice	7/31 Beef Stew Biscuit Biscuit w/ butter & jelly Jello Salad	1 Slow Cooker Chicken Sliders Pasta Salad Tomato Salad Cookie	2 Chipped Beef on Toast Roasted Sweet Potato Mixed Veggies Fruit				
3 Hamburger/ Cheeseburger Fries/Onion rings Lettuce/tomato slices Peach slices	4 Vegetable Beef Soup Texas Toast Celery Sticks Apricots	5 Pulled Pork Sandwich Sweet Potato Fries Cottage Cheese Baked Apples	6 Italian Chicken Sandwich Tater Tots Jello w/fruit	7 Cheeseburger Soup Breadstick Jello Salad Cookie	8 Ham/Pimento Sandwich Potato Casserole Italian Blend Veggies Sherbet	9 Stuffed Cabbage Roll Rice Biscuit w/jelly Pears				
10 Potato Soup Texas Toast Salad Peaches & Cream	11 Hamburger or- Cheeseburger Lettuce/Tomato Onion rings/French fries Sherbert	12 Lobster Bisque- Italian Sliders Fried Green Beans Ice Cream	13 Chicken Quesadilla w/lettuce & tomato Pinto Beans Fried Tortillas w/ cinnamon and sugar	14 Fried Chicken Potato Salad Glazed Carrots Ice Cream Bar	15 Fish Sandwich on Bun Coleslaw French fries Cookie	16 Hot Beef & cheddar Carrot/Celery sticks French fries Cookie				
17 Ham and Bean Soup Corn bread Peaches Ice Cream	18 Grilled Club Sandwich Chips Corn Cookie	19 Apple Pecan Salad Garlic Bread Cottage Cheese Fruit Pie	20 Split Pea w/ Sausage Soup Roll Fruit	21 Biscuits w/ homemade Gravy Hashbrown Fresh Fruit	22 BBQ Chicken Sandwich Carrot Sticks Fries Apricots	23 Pizza Slice Salad Ice cream sandwich				
24 Pancake Sausage patty Hash browns Fruit	25 Chicken Fried Steak Mashed potatoes w/ Gravy and Asparagus Carrot cake	26 Cuban Sandwich Cottage Cheese Cauliflower au gratin Apple Brown Betty	27 Grilled chicken Chopped salad Garlic Bread Pickled Beets Pudding	28 Chili Cornbread Peas n Carrots Pumpkin Pie	29 Crab Cakes Creamed potatoes And peas Jello w/fruit	30 Chicken Corn Chowder.Grilled Cheese Broccoli/ cauliflower salad Cookie				
31 Sloppy Joes Roasted Zucchini Mac n Cheese Fresh fruit	9/1 Chicken Taco Salad Sour cream/salsa Pinto Beans Lemon Pie	9/2 Tuna Salad Sandwich Pickle Spear Roasted Veggies Peach slices	9/3 Grilled Cheese Tomato Soup Carrot/Celery Sticks Melon Slice	9/4 Beef Stew Biscuit Biscuit w/ butter & jelly Jello Salad	9/5 Slow Cooker Chicken Sliders Pasta Salad Tomato Salad Cookie	9/6 Chipped Beef on Toast Roasted Sweet Potato Mixed Veggies Fruit				