

Sunflower Terrace Lunch Menu

November 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 Baked Ham Mac & Cheese Carrots/Roll Apple Pie	27 Ravioli w/ Alfredo Sauce Salad/Breadstick Pears	28 Bruschetta Chicken Garlic Mashed Potato Roasted Cauliflower Fruit cocktail	29 Braised Beef Tips and gravy Rice/Peas Apricots	30 Chicken/Noodles Over Mashed Potatoes Green Beans Fruit Cobbler	31 Chicken Parmesan Mixed veggies Garlic Bread Cherry cheesecake	1 Ham/Swiss Sandwich Veggie Soup Fruit Assorted bars
2 Roast Turkey w/gravy Twice Baked Potato Broccoli Lemon Meringue Pie	3 Chicken Stir-Fry Fried Rice/Egg Roll Oriental Veggies Mandarin Oranges	4 Chicken Cordon Bleu Pasta w/ Buttered Noodles Green Beans Breadstick/Brownie	5 Open Face Hot Roast Beef Sandwich Grilled Potatoes Carrots/Pecan Pie	6 Beef Stroganoff Egg Noodles Mixed Veggies/Roll Applesauce	7 Pork Chops Au Gratin Potatoes Fried Cabbage Tapioca Pudding	8 Beef Nachos w/ Lettuce & tomato Rice/Refried Beans Fresh Fruit
9 Roast Pork Loin Scalloped Potatoes Candied Carrots Corn Muffin Peach Pie	10 Frito Pie Mixed Veggies Pears Blueberry Cake	11 Chicken Alfredo Broccoli Buttered noodles Lemon Bundt Cake	12 Oriental Chicken And Vegetables w/Rice & Asparagus Egg Roll & cookie	13 Chicken Enchilada Refried Beans Salad Churro	14 Coconut Shrimp Cole Slaw Hush Puppies Apples Crisp	15 BBQ Chicken Baked Potato Corn/Roll Sherbet
16 Pot Roast Mashed Potatoes w/ gravy Green beans/Roll Cherry Pie	17 Goulash Peas Fruit Cookie	18 Bacon/Ranch Chicken Rice Pilaf Roasted Cauliflower Pudding	19 Shephard's Pie Mixed Veggies Roll Cherry Fluff	20 Breaded Chicken Breast Glazed Carrots Buttered Noodles	21 Salisbury Steak Roasted Potato Corn Blueberry Crisp	22 Spaghetti and Meat Sauce Breadstick Squash Sheet cake
23 Fried Chicken Mashed potatoes w/gravy Broccoli/ Crescent Roll & Pecan Pie	24 Boneless BBQ Wings w/ Cheesy Potatoes, Celery Sticks & Deviled eggs Sliced Peaches	25 Cheeseburger Mac w/biscuit Sauteed Spinach Strawberry Shortcake	26 Ham Balls Roasted Potatoes Mixed veggies Fruit	27 Smothered Pork Chops Scalloped Potatoes Green Beans Cake	28 Pulled Pork Nachos Cranberry Jello Salad Baked Apple Slices w/ cinnamon	29 Chicken Strips French Fries Peas Fruit Cobbler
30 Baked Ham Mac & Cheese Carrots/Roll Apple Pie	12/1 Ravioli w/ Alfredo Sauce Salad/Breadstick Pears	12/2 Bruschetta Chicken Garlic Mashed Potato Roasted Cauliflower Fruit cocktail	12/3 Braised Beef Tips and gravy Rice/Peas Apricots	12/4 Chicken/Noodles Over Mashed Potatoes Green Beans Fruit Cobbler	12/5 Chicken Parmesan Mixed veggies Garlic Bread Cherry cheesecake	*Menu is subject to change due to availability

Sunflower Terrace Supper Menu

November 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
10/26 Chicken & Dumpling Soup Texas Toast Pea Salad Peaches and cream	10/27 Hamburger/Cheese Onion rings/Fries Lettuce/Tomato slices Sherbet	10/28 Pork Tenderloin Sandwich w/lettuce & tomato Chips Ice cream	10/29 Chicken Burrito Salad Pinto Beans Churros	10/30 Reuben Sandwich Potato Salad Sliced Cucumbers Ice Cream bar	10/31 Philly Steak Sandwich Baked beans Carrots/Celery sticks Fruit Shortcake	11/1 Ham/Swiss Sandwich Veggie Soup Fruit Assorted bars
2 Pancake Sausage Patty Hash browns Fruit	3 Chicken Fried Steak Mashed Potatoes w/gravy & asparagus Carrot Cake	4 Grilled Shrimp Rice Pilaf Corn Fruit	5 Hot Dog on a Bun Tater Tots Corn Pears	6 Broccoli & Cheddar Soup Egg Salad Sandwich Pickled Beets No bake cookies	7 Cajun- Chicken Sandwich Roasted Potatoes Peas French Silk Pie	8 Veggie Beef Soup Grilled Cheese-Sandwich Cookie
9 Sloppy Joes Grilled Zucchini Mac & Cheese Fresh Fruit	10 Chicken Fried Steak Mashed Potato w/ gravy & green beans Brownie	11 Club Sandwich Pickle Spear Cucumber/ Onion Salad Peach slices	12 Roast Beef and Swiss Sandwich Roasted Cauliflower Potato Wedge Oreo cookies	13 Beef Au Jus Sandwich Potato Chips Broccoli/Cauliflower salad & dessert	14 Chicken Salad Sandwich Macaroni Salad Carrots/Celery Sticks Monster Cookie	15 Polish Sausage w/bun Chips Mixed veggies Fruit
16 Grilled Turkey Sandwich Sweet Potato Fries Cottage Cheese Fruit	17 Hamburger/Cheese Onion rings/Fries Lettuce/Tomato slices Peaches	18 BBQ Meatballs Chips Mandarin Oranges Jello w/whipped cream	19 White Chili Carrots/Celery Sticks Cornbread Sherbet	20 Steak Salad w/tomato & fried onions Garlic bread Jello Salad/Ice cream	21 Italian Sub Sandwich Chips/pickle spear Pickled Beets Snickerdoodle Cookie	22 Chicken Noodle Soup Carrots/Celery Sticks Biscuit w/jelly Fruit
23 Taco Salad Refried Beans Peaches	24 Chicken Fried Steak Mashed Potatoes w/gravy & green beans Chocolate Pudding	25 Grilled Ham & Cheese Sandwich Chips/Corn Pickled Beets Oatmeal Cookie	26 Beer Battered Fish w/pub chips Broccoli/Cauliflower salad Cookie	27 Ham Salad Sandwich Carrot Sticks Potato Chips Apricot s	28 Chef Salad Garlic bread Fruit Banana cream pie	29 Pizza slice Salad Ice cream sandwich
30 Chicken & Dumpling Soup Texas Toast Pea Salad Peaches and cream	12/1 Hamburger/Cheese Onion rings/Fries Lettuce/Tomato slices Sherbet	12/2 Pork Tenderloin Sandwich w/lettuce & tomato Chips Ice cream	12/3 Chicken Burrito Salad Pinto Beans Churros	12/4 Reuben Sandwich Potato Salad Sliced Cucumbers Ice Cream bar	12/5 Philly Steak Sandwich Baked beans Carrots/Celery sticks Fruit Shortcake	*Menu is subject to change due to availability