

Sunflower Terrace Lunch Menu

December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
11/30 Baked Ham Mac & Cheese Carrots/Roll Apple Pie	1 Ravioli w/ Alfredo Sauce Salad/Breadstick Pears	2 Bruschetta Chicken Garlic Mashed Potato Roasted Cauliflower Fruit cocktail	3 Braised Beef Tips and gravy Rice/Peas Apricots	4 Chicken/Noodles Over Mashed Potatoes Green Beans Fruit Cobbler	5 Chicken Parmesan Mixed veggies Garlic Bread Cherry cheesecake	6 Ham/Swiss Sandwich Veggie Soup Fruit Assorted bars
7 Roast Turkey w/ gravy Twice Baked Potato Broccoli Lemon Meringue Pie	8 Chicken Stir-Fry Fried Rice/Egg Roll Oriental Veggies Mandarin Oranges	9 Chicken Cordon Bleu Pasta w/ Buttered Noodles Green Beans Breadstick/Brownie	10 Open Face Hot Roast Beef Sandwich Grilled Potatoes Carrots/Pecan Pie	11 Beef Stroganoff Egg Noodles Mixed Veggies/Roll Applesauce	12 Pork Chops Au Gratin Potatoes Fried Cabbage Tapioca Pudding	13 Beef Nachos w/ Lettuce & tomato Rice/Refried Beans Fresh Fruit
14 Roast Pork Loin Scalloped Potatoes Candied Carrots Corn Muffin Peach Pie	15 Frito Pie Mixed Veggies Pears Blueberry Cake	16 Chicken Alfredo Broccoli Buttered noodles Lemon Bundt Cake	17 Oriental Chicken And Vegetables w/Rice & Asparagus Egg Roll & cookie	18 Chicken Enchilada Refried Beans Salad Churro	19 Coconut Shrimp Cole Slaw Hush Puppies Apples Crisp	20 BBQ Chicken Baked Potato Corn/Roll Sherbet
21 Pot Roast Mashed Potatoes w/ gravy Green beans/Roll Cherry Pie	22 Goulash Peas Fruit Cookie	23 Bacon/Ranch Chicken Rice Pilaf Roasted Cauliflower Pudding	24 Shephard's Pie Mixed Veggies Roll Cherry Fluff	25 Breaded Chicken Breast Glazed Carrots Buttered Noodles Fruit	26 Salisbury Steak Roasted Potato Corn Blueberry Crisp	27 Spaghetti and Meat Sauce Breadstick Squash Sheet cake
28 Fried Chicken Mashed potatoes w/gravy Broccoli/ Crescent Roll & Pecan Pie	29 Boneless BBQ Wings w/ Cheesy Potatoes, Celery Sticks & Deviled eggs Sliced Peaches	30 Cheeseburger Mac w/biscuit Sauteed Spinach Strawberry Shortcake	31 Ham Balls Roasted Potatoes Mixed veggies Fruit	1/1 Smothered Pork Chops Scalloped Potatoes Green Beans Cake	1/2 Pulled Pork Nachos Cranberry Jello Salad Baked Apple Slices w/ cinnamon	*Menu is subject to change due to availability

Sunflower Terrace Supper Menu

December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
11/30 Chicken & Dumpling Soup Texas Toast Pea Salad Peaches and cream	1 Hamburger/Cheese Onion rings/Fries Lettuce/Tomato slices Sherbet	2 Pork Tenderloin Sandwich w/lettuce & tomato Chips Ice cream	3 Chicken Burrito Salad Pinto Beans Churros	4 Reuben Sandwich Potato Salad Sliced Cucumbers Ice Cream bar	5 Philly Steak Sandwich Baked beans Carrots/Celery sticks Fruit Shortcake	6 Ham/Swiss Sandwich Veggie Soup Fruit Assorted bars
7 Pancake Sausage Patty Hash browns Fruit	8 Chicken Fried Steak Mashed Potatoes w/gravy & asparagus Carrot Cake	9 Grilled Shrimp Rice Pilaf Corn Fruit	10 Hot Dog on a Bun Tater Tots Corn Pears	11 Broccoli & Cheddar Soup Egg Salad Sandwich Pickled Beets No bake cookies	12 Cajun- Chicken Sandwich Roasted Potatoes Peas French Silk Pie	13 Veggie Beef Soup Grilled Cheese-Sandwich Cookie
14 Sloppy Joes Grilled Zucchini Mac & Cheese Fresh Fruit	15 Chicken Fried Steak Mashed Potato w/ gravy & green beans Brownie	16 Club Sandwich Pickle Spear Cucumber/ Onion Salad Peach slices	17 Roast Beef and Swiss Sandwich Roasted Cauliflower Potato Wedge Oreo cookies	18 Beef Au Jus Sandwich Potato Chips Broccoli/Cauliflower salad & dessert	19 Chicken Salad Sandwich Macaroni Salad Carrots/Celery Sticks Monster Cookie	20 Polish Sausage w/bun Chips Mixed veggies Fruit
21 Grilled Turkey Sandwich Sweet Potato Fries Cottage Cheese Fruit	22 Hamburger/Cheese Onion rings/Fries Lettuce/Tomato slices Peaches	23 BBQ Meatballs Chips Mandarin Oranges Jello w/whipped cream	24 White Chili Carrots/Celery Sticks Cornbread Sherbet	25 Steak Salad w/tomato & fried onions Garlic bread Jello Salad/Ice cream	26 Italian Sub Sandwich Chips/pickle spear Pickled Beets Snickerdoodle Cookie	27 Chicken Noodle Soup Carrots/Celery Sticks Biscuit w/jelly Fruit
28 Taco Salad Refried Beans Peaches Ice Cream	29 Chicken Fried Steak Mashed Potatoes w/gravy & green beans Chocolate Pudding	30 Grilled Ham & Cheese Sandwich Chips/Corn Pickled Beets Oatmeal Cookie	31 Beer Battered Fish w/pub chips Broccoli/Cauliflower salad Cookie	1/1 Ham Salad Sandwich Carrot Sticks Potato Chips Apricot s	1/2 Chef Salad Garlic bread Fruit Banana cream pie	*Menu is subject to change due to availability