

# Sunflower Terrace Lunch Menu

## March 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <i>Ham &amp; Beans</i> <i>Fried Potatoes</i> <i>Mixed veggies</i> <i>Dinner Roll</i> <i>Pumpkin Mousse</i>	<b>2</b> <i>Smothered Chicken</i> <i>Stuffing</i> <i>Brussel Sprouts</i> <i>Dinner Roll</i> <i>Cherry Crisp</i>	<b>3</b> <i>Parmesan breaded</i> <i>Pork Chops</i> <i>Wild Rice blend</i> <i>Chopped Spinach</i> <i>Dinner Roll</i>	<b>4</b> <b><i>Chef's Choice...</i></b> <b><i>TBA</i></b>	<b>5</b> <i>Chicken Bacon</i> <i>Penne Pasta</i> <i>Sauteed zucchini</i> <i>Garlic bread</i>	<b>6</b> <i>Citrus Fish</i> <i>Hash Brown Cass.</i> <i>Broccoli</i> <i>Dinner roll</i> <i>Apple Pie</i>	<b>7</b> <i>Roast Beef w/</i> <i>Gravy</i> <i>Seasoned potatoes</i> <i>Glazed carrots</i> <i>Roll</i>
<b>8</b> <i>Cheese Ravioli w/</i> <i>Marinara sauce</i> <i>Parlsied Cauliflower</i> <i>Breadstick</i> <i>Strawberry Poke-</i> <i>Cake</i>	<b>9</b> <i>Sliced Roast Turkey</i> <i>Glazed sweet-</i> <i>Potatoes</i> <i>Green bean casserole</i> <i>Dinner Roll</i> <i>Pumpkin Pie</i>	<b>10</b> <i>Baked Fish</i> <i>Parmesan Pasta</i> <i>Veggie Blend</i> <i>Hush Puppies</i> <i>Fruit Cobbler</i>	<b>11</b> <i>Beef Stew</i> <i>Mixed Green salad</i> <i>w/dressing</i> <i>Biscuit</i> <i>Bread pudding w/</i>	<b>12</b> <i>Onion Sage Chicken</i> <i>AuGratin Potatoes</i> <i>Carrots</i> <i>Dinner Roll</i> <i>Pear spice upside-</i> <i>down cake</i>	<b>13</b> <i>Meatloaf</i> <i>Mashed potatoes w/</i> <i>gravy</i> <i>Buttered corn</i> <i>Dinner Roll</i> <i>Banana Pudding</i>	<b>14</b> <i>Autumn Apple-</i> <i>Pork Loin</i> <i>Cornbread Stuffing</i> <i>Collard Greens</i> <i>Roll</i> <i>Cookie Bar</i>
<b>15</b> <i>Beef Pot Roast</i> <i>Roasted Potatoes</i> <i>Honey glazed carrots</i> <i>Dinner Roll</i> <i>Oatmeal/Raisin-</i> <i>cookie</i>	<b>16</b> <i>Chicken Tenders</i> <i>Baked Potato-</i> <i>Casserole</i> <i>Green Peas/Hot Roll</i> <i>Fruit crumble</i>	<b>17</b> <i>Beef &amp; Broccoli-</i> <i>Stir Fry</i> <i>Soft fried noodles</i> <i>Mini egg rolls</i> <i>Brownie</i>	<b>18</b> <i>Rosemary Herb-</i> <i>Baked Chicken</i> <i>Red potatoes</i> <i>Cauliflower au-gratin</i> <i>Dinner Roll</i> <i>Pumpkin Cake</i>	<b>19</b> <i>Pork Fritter</i> <i>Whipped potatoes</i> <i>Garlin green beans</i> <i>Roll</i> <i>Sherbet</i>	<b>20</b> <i>Herb Baked Fish</i> <i>Rice Pilaf</i> <i>Chopped Spinach</i> <i>Dinner Roll</i> <i>Fruited gelatin</i>	<b>21</b> <i>Cheese tortellini w/</i> <i>alfredo sauce</i> <i>Zucchini &amp; squash</i> <i>Garlic bread</i> <i>Chocolate Cream Pie</i>
<b>22</b> <i>Fried Chicken</i> <i>Mashed potatoes w/</i> <i>gravy</i> <i>Green beans</i> <i>Cornbread</i> <i>Peanut Butter Cake</i>	<b>23</b> <i>Ravioli Bake</i> <i>Italian blend veggies</i> <i>Breadstick</i> <i>Apple Crisp</i>	<b>24</b> <i>Chicken Teriyaki</i> <i>Fried rice</i> <i>Steamed broccoli</i> <i>Mini egg rolls</i> <i>Black forest cake</i>	<b>25</b> <i>Pepper Pork Loin</i> <i>Smashed red potatoes</i> <i>Spinach bake</i> <i>Dinner roll</i> <i>Rice pudding</i>	<b>26</b> <i>Braised Beef Tips</i> <i>Rice Pilaf</i> <i>Buttered carrots</i> <i>Roll</i> <i>Strawberry Pretzel-</i> <i>Dessert</i>	<b>27</b> <i>Fish of the day</i> <i>Roasted sweet-</i> <i>Potatoes</i> <i>Sauteed cabbage</i> <i>Dinner Roll</i> <i>Fruit shortcake</i>	<b>28</b> <i>Swedish Meatballs</i> <i>Buttered egg noodles</i> <i>Zucchini/squash</i> <i>Roll</i> <i>Carrot cake</i>
<b>29</b> <i>Ham &amp; Beans</i> <i>Fried Potatoes</i> <i>Mixed veggies</i> <i>Dinner Roll</i> <i>Pumpkin Mousse</i>	<b>30</b> <i>Smothered Chicken</i> <i>Stuffing</i> <i>Brussel Sprouts</i> <i>Dinner Roll</i> <i>Cherry Crisp</i>	<b>31</b> <i>Parmesan breaded</i> <i>Pork Chops</i> <i>Wild Rice blend</i> <i>Chopped Spinach</i> <i>Dinner Roll</i>	<b>4/1</b> <b><i>Chef's Choice...</i></b> <b><i>TBA</i></b>	<b>4/2</b> <i>Chicken Bacon</i> <i>Penne Pasta</i> <i>Sauteed zucchini</i> <i>Garlic bread</i> <i>Lemon cake</i>		<b><i>*Menu is subject to</i></b> <b><i>change due to</i></b> <b><i>availability</i></b>

# Sunflower Terrace Supper Menu

## March 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <i>Lasagna</i> <i>Garlic breadstick</i> <i>Tossed salad w/ Dressing</i> <i>Fruit cup</i>	<b>2</b> <i>Fish Sandwich</i> <i>French fries</i> <i>Broccoli Salad</i> <i>Peanut Butter-cookie</i>	<b>3</b> <i>French onion soup w/ croutons</i> <i>Chef Turkey Salad</i> <i>Dinner roll</i> <i>Sweet Potato-Crumble</i>	<b>4</b> <i>Beef Soft Tacos</i> <i>Black Beans</i> <i>Churros</i>	<b>5</b> <i>Herb roasted-Pork Loin</i> <i>Baked Potato</i> <i>Creamed peas</i> <i>Dinner roll</i> <i>Fruit</i>	<b>6</b> <i>Spinach Tortellini-soup and Grilled cheese/tomato sandwich</i> <i>Cucumber salad</i> <i>Spiced peaches</i>	<b>7</b> <i>Grilled Chicken-BLT Sandwich</i> <i>Potato Wedges</i> <i>S'more Pudding-Parfait</i>
<b>8</b> <i>Polish Sausage w/ peppers &amp; onions</i> <i>Pierogies</i> <i>Dinner roll</i> <i>Carnival cookie</i>	<b>9</b> <i>Hot Beef &amp; Cheese on a bun</i> <i>Pickle spear</i> <i>Tator tots</i> <i>Fresh Fruit</i>	<b>10</b> <i>Salsa Chicken</i> <i>Mexican Rice</i> <i>Sauteed squash</i> <i>Tortilla chips</i> <i>Chocolate Cake</i>	<b>11</b> <i>Veggie Soup</i> <i>Ham Sandwich</i> <i>Creamy Coleslaw</i> <i>Hawaiian Salad</i>	<b>12</b> <i>Vegetable Quiche</i> <i>Sweet Potato Wedge</i> <i>Fruit cup</i> <i>Gelatin w/whipped</i>	<b>13</b> <i>Tuna Macaroni-Casserole</i> <i>Green beans</i> <i>Dinner Roll</i> <i>Ice Cream</i>	<b>14</b> <i>Chicken Pot Pie</i> <i>Seasoned Broccoli Roll</i> <i>Peach Parfait</i>
<b>15</b> <i>White Bean Soup</i> <i>Egg Salad</i> <i>Cucumber Salad</i> <i>Dinner Roll</i> <i>Oatmeal Raisin-</i>	<b>16</b> <i>Breaded Pork Chop w/onions</i> <i>Mushroom rice</i> <i>Buttered beets/Roll</i> <i>Blueberry cake</i>	<b>17</b> <p style="text-align: center;"><b>Chef's Choice...</b> <b>TBA</b></p>	<b>18</b> <i>Meatball Sub w/ Cheese on hoagie</i> <i>Pasta salad</i> <i>Gelatin orange-delight</i>	<b>19</b> <i>Pasta Fagioli Soup</i> <i>Turkey Cobb Salad</i> <i>Dinner roll</i> <i>Pear crisp</i>	<b>20</b> <i>Beef Chili</i> <i>Green salad w/ dressing</i> <i>Cornbread</i> <i>Glazed applesauce-</i>	<b>21</b> <i>Stuffed Baked Potato</i> <i>Marinated tomato-salad</i> <i>Dinner roll</i> <i>Cranberry square</i>
<b>22</b> <i>Fish w/lemon butter</i> <i>Herbed rice</i> <i>Peas</i> <i>Dinner roll</i> <i>Sherbert w/fruit</i>	<b>23</b> <i>Bean Soup and Ham&amp;Swiss Wrap w/honey mustard</i> <i>Carrot/raisin salad</i> <i>Strawberries/</i>	<b>24</b> <i>Sloppy Joe on bun</i> <i>Pickle spear</i> <i>Potato wedges</i> <i>Fruit fluff</i>	<b>25</b> <i>Chicken/Dumplings</i> <i>Mixed green salad w/dressing</i> <i>Dinner roll</i> <i>Creamy rice pudding</i>	<b>26</b> <i>Polish Sausage on bun w/ sauerkraut</i> <i>Potato salad</i> <i>Double chocolate-chip cookie</i>	<b>27</b> <i>Potato Bacon Soup</i> <i>Crispy chicken-salad</i> <i>Dinner roll</i> <i>Lemon bar</i>	<b>28</b> <i>Turkey French dip</i> <i>Tater tots</i> <i>Beet salad</i> <i>Fruit salad</i>
<b>29</b> <i>Lasagna</i> <i>Garlic breadstick</i> <i>Tossed salad w/ Dressing</i> <i>Fruit cup</i>	<b>30</b> <i>Fish Sandwich</i> <i>French fries</i> <i>Broccoli Salad</i> <i>Peanut Butter-cookie</i>	<b>31</b> <i>French onion soup w/ croutons</i> <i>Chef Turkey Salad</i> <i>Dinner roll</i> <i>Sweet Potato-Crumble</i>	<b>4/1</b> <i>Beef Soft Tacos</i> <i>Black Beans</i> <i>Churros</i>	<b>4/2</b> <i>Herb roasted-Pork Loin</i> <i>Baked Potato</i> <i>Creamed peas</i> <i>Dinner roll</i> <i>Fruit</i>		<p style="text-align: center;"><b>*Menu is subject to change due to availability</b></p>