

Sunflower Terrace Lunch

February 2026

*Menu subject to change due to availability.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Ham & Beans Fried Potatoes Mixed veggies Dinner Roll Pumpkin Mousse</i>	2 <i>Smothered Chicken Stuffing Brussel Sprouts Dinner Roll Cherry Crisp</i>	3 <i>Parmesan breaded Pork Chops Wild Rice blend Chopped Spinach Dinner Roll Brownie</i>	4 <i>Chef's Choice... TBA</i>	5 <i>Chicken Bacon Penne Pasta Sautéed zucchini Garlic bread</i>	6 <i>Citrus Fish Hash Brown Cass. Broccoli Dinner roll Apple Pie</i>	7 <i>Roast Beef w/ Gravy Seasoned potatoes Glazed carrots Roll Iced Banana Bar</i>
8 <i>Cheese Ravioli w/ Marinara sauce Parslied Cauliflower Breadstick Strawberry Poke- Cake</i>	9 <i>Sliced Roast Turkey Glazed sweet- Potatoes Green bean casserole Dinner Roll Pumpkin Pie</i>	10 <i>Baked Fish Parmesan Pasta Veggie Blend Hush Puppies Fruit Cobbler</i>	11 <i>Beef Stew Mixed Green salad w/dressing Biscuit Bread pudding w/ Vanilla sauce</i>	12 <i>Onion Sage Chicken AuGratin Potatoes Carrots Dinner Roll Pear spice upside- down cake</i>	13 <i>Meatloaf Mashed potatoes w/ gravy Buttered corn Dinner Roll Banana Pudding</i>	14 <i>Autumn Apple- Pork Loin Cornbread Stuffing Collard Greens Roll Cookie Bar</i>
15 <i>Beef Pot Roast Roasted Potatoes Honey glazed carrots Dinner Roll Oatmeal/Raisin- cookie</i>	16 <i>Chicken Tenders Baked Potato- Casserole Green Peas Roll Fruit crumble</i>	17 <i>Beef & Broccoli- Stir Fry Soft fried noodles Mini egg rolls Brownie</i>	18 <i>Rosemary Herb- Baked Chicken Red potatoes Cauliflower au-gratin Dinner Roll Pumpkin Cake</i>	19 <i>Braised Pork Roast Whipped potatoes Garlin green beans Roll Sherbet</i>	20 <i>Herb Baked Fish Rice Pilaf Chopped Spinach Dinner Roll Fruited gelatin</i>	21 <i>Cheese tortellini w/ alfredo sauce Zucchini & squash Garlic bread Chocolate Cream Pie</i>
22 <i>Fried Chicken Mashed potatoes w/gravy Green beans Cornbread Peanut Butter Cake</i>	23 <i>Ravioli Bake Italian blend veggies Breadstick Apple Crisp</i>	24 <i>Chicken Teriyaki Fried rice Steamed broccoli Mini egg rolls Black forest cake</i>	25 <i>Pepper Pork Loin Smashed red potatoes Spinach bake Dinner roll Rice pudding</i>	26 <i>Braised Beef Tips Rice Pilaf Buttered carrots Roll Strawberry Pretzel- Dessert</i>	27 <i>Fish of the day Roasted sweet- Potatoes Sautéed cabbage Dinner Roll Fruit shortcake</i>	28 <i>Swedish Meatballs Buttered egg noodles Zucchini/squash Roll Carrot cake</i>

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1 Lasagna Garlic breadstick Tossed salad w/ Dressing Fruit cup	2 Fish Sandwich French fries Broccoli Salad Peanut Butter- cookie	3 French onion soup w/cROUTONS Chef Turkey Salad Dinner roll Sweet Potato- Crumble	4 Beef Soft Tacos Black Beans Churros	5 Herb roasted- Pork Loin Baked Potato Creamed peas Dinner roll Fruit	6 Spinach Tortellini- soup and Grilled cheese/ tomato sandwich Cucumber salad Spiced peaches	7 Grilled Chicken- BLT Sandwich Potato Wedges S'more Pudding- Parfait
8 Polish Sausage w/ peppers & onions Pierogies Dinner roll Carnival cookie	9 Hot Beef & Cheese on a bun Pickle spear Tator tots Fresh Fruit	10 Salsa Chicken Mexican Rice Sautéed squash Tortilla chips Chocolate Cake	11 Veggie Soup Ham Sandwich Creamy Coleslaw Hawaiian Salad	12 Vegetable Quiche Sweet Potato Wedge Fruit cup Gelatin w/whipped	13 Tuna Macaroni- Casserole Green beans Dinner Roll Ice Cream	14 Chicken Pot Pie Seasoned Broccoli Roll Peach Parfait
15 White Bean Soup Egg Salad Cucumber Salad Dinner Roll Oatmeal Raisin- Cookie	16 Breaded Pork Chop w/onions Mushroom rice Buttered beets/Roll Blueberry cake	17 <i>Chef's Choice...</i> <i>TBA</i>	18 Meatball Sub w/ Cheese on hoagie Pasta salad Gelatin orange- delight	19 Pasta Fagioli Soup Turkey Cobb Salad Dinner roll Pear crisp	20 Beef Chili Green salad w/ dressing Cornbread Glazed applesauce- cake	21 Stuffed Baked Potato Marinated tomato- salad Dinner roll Cranberry square
22 Fish w/lemon butter Herbed rice Peas Dinner roll Sherbert w/fruit	23 Bean Soup and Ham&Swiss Wrap w/honey mustard Carrot/raisin salad Strawberries/ bananas w/whip	24 Sloppy Joe on bun Pickle spear Potato wedges Fruit fluff	25 Chicken/Dumplings Mixed green salad w/dressing Dinner roll Creamy rice pudding	26 Polish Sausage on bun w/ sauerkraut Potato salad Double chocolate- chip cookie	27 Potato Bacon Soup Crispy chicken- salad Dinner roll Lemon bar	28 Turkey French dip Tater tots Beet salad Fruit salad