

# Sunflower Terrace Lunch

## February 2026

*\*Menu subject to change due to availability.*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <i>Ham &amp; Beans Fried Potatoes Mixed veggies Dinner Roll Pumpkin Mousse</i>	<b>2</b> <i>Smothered Chicken Stuffing Brussel Sprouts Dinner Roll Cherry Crisp</i>	<b>3</b> <i>Parmesan breaded Pork Chops Wild Rice blend Chopped Spinach Dinner Roll Brownie</i>	<b>4</b> <b><i>Chef's Choice... TBA</i></b>	<b>5</b> <i>Chicken Bacon Penne Pasta Sauteed zucchini Garlic bread</i>	<b>6</b> <i>Citrus Fish Hash Brown Cass. Broccoli Dinner roll Apple Pie</i>	<b>7</b> <i>Roast Beef w/ Gravy Seasoned potatoes Glazed carrots Roll Iced Banana Bar</i>
<b>8</b> <i>Cheese Ravioli w/ Marinara sauce Parslied Cauliflower Breadstick Strawberry Poke- Cake</i>	<b>9</b> <i>Sliced Roast Turkey Glazed sweet- Potatoes Green bean casserole Dinner Roll Pumpkin Pie</i>	<b>10</b> <i>Baked Fish Parmesan Pasta Veggie Blend Hush Puppies Fruit Cobbler</i>	<b>11</b> <i>Beef Stew Mixed Green salad w/dressing Biscuit Bread pudding w/ Vanilla sauce</i>	<b>12</b> <i>Onion Sage Chicken AuGratin Potatoes Carrots Dinner Roll Pear spice upside- down cake</i>	<b>13</b> <i>Meatloaf Mashed potatoes w/ gravy Buttered corn Dinner Roll Banana Pudding</i>	<b>14</b> <i>Autumn Apple- Pork Loin Cornbread Stuffing Collard Greens Roll Cookie Bar</i>
<b>15</b> <i>Beef Pot Roast Roasted Potatoes Honey glazed carrots Dinner Roll Oatmeal/Raisin- cookie</i>	<b>16</b> <i>Chicken Tenders Baked Potato- Casserole Green Peas Roll Fruit crumble</i>	<b>17</b> <i>Beef &amp; Broccoli- Stir Fry Soft fried noodles Mini egg rolls Brownie</i>	<b>18</b> <i>Rosemary Herb- Baked Chicken Red potatoes Cauliflower au-gratin Dinner Roll Pumpkin Cake</i>	<b>19</b> <i>Braised Pork Roast Whipped potatoes Garlin green beans Roll Sherbet</i>	<b>20</b> <i>Herb Baked Fish Rice Pilaf Chopped Spinach Dinner Roll Fruited gelatin</i>	<b>21</b> <i>Cheese tortellini w/ alfredo sauce Zucchini &amp; squash Garlic bread Chocolate Cream Pie</i>
<b>22</b> <i>Fried Chicken Mashed potatoes w/gravy Green beans Cornbread Peanut Butter Cake</i>	<b>23</b> <i>Ravioli Bake Italian blend veggies Breadstick Apple Crisp</i>	<b>24</b> <i>Chicken Teriyaki Fried rice Steamed broccoli Mini egg rolls Black forest cake</i>	<b>25</b> <i>Pepper Pork Loin Smashed red potatoes Spinach bake Dinner roll Rice pudding</i>	<b>26</b> <i>Braised Beef Tips Rice Pilaf Buttered carrots Roll Strawberry Pretzel- Dessert</i>	<b>27</b> <i>Fish of the day Roasted sweet- Potatoes Sauteed cabbage Dinner Roll Fruit shortcake</i>	<b>28</b> <i>Swedish Meatballs Buttered egg noodles Zucchini/squash Roll Carrot cake</i>

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<b>1</b> <i>Lasagna</i> <i>Garlic breadstick</i> <i>Tossed salad w/ Dressing</i> <i>Fruit cup</i>	<b>2</b> <i>Fish Sandwich</i> <i>French fries</i> <i>Broccoli Salad</i> <i>Peanut Butter-cookie</i>	<b>3</b> <i>French onion soup w/croutons</i> <i>Chef Turkey Salad</i> <i>Dinner roll</i> <i>Sweet Potato-Crumble</i>	<b>4</b> <i>Beef Soft Tacos</i> <i>Black Beans</i> <i>Churros</i>	<b>5</b> <i>Herb roasted-Pork Loin</i> <i>Baked Potato</i> <i>Creamed peas</i> <i>Dinner roll</i> <i>Fruit</i>	<b>6</b> <i>Spinach Tortellini-soup and</i> <i>Grilled cheese/tomato sandwich</i> <i>Cucumber salad</i> <i>Spiced peaches</i>	<b>7</b> <i>Grilled Chicken-BLT Sandwich</i> <i>Potato Wedges</i> <i>S'more Pudding-Parfait</i>
<b>8</b> <i>Polish Sausage w/peppers &amp; onions</i> <i>Pierogies</i> <i>Dinner roll</i> <i>Carnival cookie</i>	<b>9</b> <i>Hot Beef &amp; Cheese on a bun</i> <i>Pickle spear</i> <i>Tator tots</i> <i>Fresh Fruit</i>	<b>10</b> <i>Salsa Chicken</i> <i>Mexican Rice</i> <i>Sauteed squash</i> <i>Tortilla chips</i> <i>Chocolate Cake</i>	<b>11</b> <i>Veggie Soup</i> <i>Ham Sandwich</i> <i>Creamy Coleslaw</i> <i>Hawaiian Salad</i>	<b>12</b> <i>Vegetable Quiche</i> <i>Sweet Potato Wedge</i> <i>Fruit cup</i> <i>Gelatin w/whipped</i>	<b>13</b> <i>Tuna Macaroni-Casserole</i> <i>Green beans</i> <i>Dinner Roll</i> <i>Ice Cream</i>	<b>14</b> <i>Chicken Pot Pie</i> <i>Seasoned Broccoli Roll</i> <i>Peach Parfait</i>
<b>15</b> <i>White Bean Soup</i> <i>Egg Salad</i> <i>Cucumber Salad</i> <i>Dinner Roll</i> <i>Oatmeal Raisin-Cookie</i>	<b>16</b> <i>Breaded Pork Chop w/onions</i> <i>Mushroom rice</i> <i>Buttered beets/Roll</i> <i>Blueberry cake</i>	<b>17</b> <b>Chef's Choice...</b> <b>TBA</b>	<b>18</b> <i>Meatball Sub w/Cheese on hoagie</i> <i>Pasta salad</i> <i>Gelatin orange-delight</i>	<b>19</b> <i>Pasta Fagioli Soup</i> <i>Turkey Cobb Salad</i> <i>Dinner roll</i> <i>Pear crisp</i>	<b>20</b> <i>Beef Chili</i> <i>Green salad w/dressing</i> <i>Cornbread</i> <i>Glazed applesauce-cake</i>	<b>21</b> <i>Stuffed Baked Potato</i> <i>Marinated tomato-salad</i> <i>Dinner roll</i> <i>Cranberry square</i>
<b>22</b> <i>Fish w/lemon butter</i> <i>Herbed rice</i> <i>Peas</i> <i>Dinner roll</i> <i>Sherbert w/fruit</i>	<b>23</b> <i>Bean Soup and Ham&amp;Swiss Wrap w/honey mustard</i> <i>Carrot/raisin salad</i> <i>Strawberries/bananas w/whip</i>	<b>24</b> <i>Sloppy Joe on bun</i> <i>Pickle spear</i> <i>Potato wedges</i> <i>Fruit fluff</i>	<b>25</b> <i>Chicken/Dumplings</i> <i>Mixed green salad w/dressing</i> <i>Dinner roll</i> <i>Creamy rice pudding</i>	<b>26</b> <i>Polish Sausage on bun w/ sauerkraut</i> <i>Potato salad</i> <i>Double chocolate-chip cookie</i>	<b>27</b> <i>Potato Bacon Soup</i> <i>Crispy chicken-salad</i> <i>Dinner roll</i> <i>Lemon bar</i>	<b>28</b> <i>Turkey French dip</i> <i>Tater tots</i> <i>Beet salad</i> <i>Fruit salad</i>